

Hi there,

Thanks for downloading the Cherry Challenge. Cherry Green Trees is our Division campsite which we jointly own with Southgate Division. It's a beautiful place, with bluebell woods, a holiday house, and three sites for camping. We raise money to pay for all the improvements and general upkeep of the site. We recently carried out some major refurbishments to provide an accessible kitchen and additional bathroom facilities, and we have plans for more changes to keep the site modern and well maintained. Everyone in our divisions is trying to raise money - but we welcome anyone at Cherry and I thought that a Challenge badge would be both fun for other units and leaders to complete and also a fantastic way to raise money towards our new-look accommodation.

The challenge itself is made up of four sections:

- Cherry - eating and making
- Green - recycling and upcycling
- Trees / Bluebells
- History - Fundraising with a historical slant!

Each badge costs £1 and we ask that each unit tries to raise at least £10. All of this is going directly to our refurbishment fund.

If you want to complete this challenge as an individual we ask that you make a voluntary contribution.

The challenge badge is suitable for girls and adults from all sections - some ideas naturally lend themselves more towards one level or another, but I've tried to ensure that there are things for Rainbows to do as well as leaders and Trefoil.

We ask that you complete 2 challenges for each of the first 3 sections and then 1 fundraising challenge.

If you have any questions, please don't hesitate to contact me at Cherrygreentreeschallenge@hotmail.co.uk

I hope you enjoy our Cherry Challenge

Penny

CHERRY

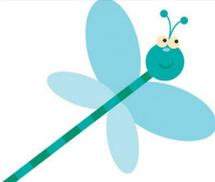
Look out for these symbols...

	Things to make and do
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	Things to eat and drink
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	Green activities
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	Puzzles
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	The woods and beyond
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Fundraising

And these trefoils...



To help you choose your activities

Cherry

Complete 2 challenges from this section - one make and do and one eat and drink.

	Things to make and do
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Wool Beaded Cherries

Equipment	Time	Notes...
Towel Red wool roving Bowl Hot water (hand hot) Washing up liquid Crewel needle Green ribbon Kettle Spoon Hairpins, brooch backs, keyrings	30 minutes, plus 24 hours drying time.	Hot water needs to be hot, but should still be safe for little hands. Work with small groups of girls - this is ideal done in sixes, or patrols.

To start with you'll need to spread a towel over whatever surface you're working on. This is quite a soggy project!

Pinch off equal amounts of wool roving (I would do this in advance for Brownies or Guides)

Take one bundle of roving and wrap it around itself (like you're rolling up a ball of wool) until it's a tidy-ish ball.

Make up a bowl of hand hot water with a few drops of washing up liquid in it.

Dunk the ball of wool in the hot soapy water, then take it out and roll the wet ball gently between your palms. Don't use too much pressure.

Use a spoon to dunk each cherry in boiling water (from the kettle) then rinse in cold water

Do this twice so that you have 2 cherries.

While they're still soft do your threading.

Thread your needle with green ribbon (about 5mm thick is best) - tie a small knot at the end of the ribbon. Poke through the cherry, leaving the knot at the base. You want about 2 inches of ribbon on top of the cherry. Repeat with the second cherry. Knot the top of both ribbons together so that you have a pair of cherries on green stalks.

Leave to dry for 24 hours

These can be threaded or glued on to a hairpin to make a hairslide, a brooch pin to make a badge, or a keyring.



Adapted for Rainbows...

Equipment	Time	Notes...
Red felt Green ribbon (5mm thick) Fabric glue Hairpins, brooch backs, keyrings	20 minutes, plus drying time.	I find Copydex glue to be better than lots of fabric glue I used a hot glue gun to attach the ribbon to the hairslide/ brooch back.

Cut out 4 circles of red felt for each Rainbow

Stick 2 circles of felt together so that you have 2 cherries

Stick the green ribbon to each circle.

Attach to a hairslide/ brooch

	Things to make and do
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Cherry Magnets

Equipment	Time	Notes...
Funky foam in red and green Adhesive magnets Glue Scissors	30 minutes	I drew up cherry and stalk templates out of a cereal box for Brownies. Rainbow leaders might want to cut the shapes out in advance

Cut out 2 red circles of funky foam

Cut out a stalk of green funky foam

Cut out a small leaf shape of green funky foam

Glue the shapes together to make a stalk and cherries, add the leaf to the top

Attach an adhesive magnet to the back of one of the cherries

Adaptation...

Why not decorate your cherries with red glitter glue, sequins - the bottom of the craft box and your imagination are the only limits!

	<h2>Things to make and do</h2>
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Cherry surprises

Equipment	Time	Notes...
Red and green tissue / crepe paper Green covered florist's wire Sticky tape Red sweets	30 minutes	Check for allergies and dietary requirements Prepare templates: Draw round a side plate for the rough size of your cherry Draw a leaf shape



Share out the sweets - 10 per girl works well I find

Draw around a side plate on 2-3 layers of the red tissue/crepe paper.

Draw around a leaf template and cut out one each

Lay the red circles on top of each other and put the sweets in the middle. Wrap up so that the sweets form the middle of the cherry.

Leaving a centimetre or so at the top, wrap one piece of florists wire around the top.

Attach another piece of wire to become the cherry stem to the neck using the sticky tape over the wrapped wire

Stick the leaf to the top

	<h2>Things to eat and drink</h2>
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There are lots of recipes on my blog - <http://penelopespantry.blogspot.co.uk> that you can adapt and use for this section - I've just put a few of my favourites below. All these recipes will be blogged over the next few months so keep your eyes out for them!

I use www.mysupermarket.com to price all my recipes, and never be afraid to use economy or basics ingredients to make bakes more economical for your unit.



Cherry tasting

Ingredients	Equipment	Notes
Fresh cherries Maraschino cherries Glace cherries Dried, sour cherries Cherry haribo-type sweets	Bowls Tasting sheets for each girl	Allergy check! Remember to warn about cherry stones! You can stone cherries beforehand for Rainbows or if you're worried about Brownies

Make sure there's at least one of each type of cherry per girl

Don't tell the girls which is which (you could blindfold them to see if they can guess which is which!)

Get them to taste each type of cherry and on their tasting sheet write what they thought of it. Was it nice? Sweet? Sour? Chewy? Would they eat it again? Which would be best in a cake? Which was their favourite?



Things to eat and drink



Cherry Lemonade

You could make this up for Brownies or Rainbows as something to try - Guides, Senior Section, Trefoil and leaders can make it up themselves

This recipe makes about 12 plastic cups full. Or about 24 taster cups

Ingredients	Equipment	Notes...
½ cup/ 125 ml lemon juice (about 6 lemons) Half a cup/ 125g granulated sugar 1.5 litres water/ lemonade if you want a sweeter drink 250g fresh cherries, stoned	Big jug Plastic cups	Check for allergies

Stir the sugar into the lemon juice and keep stirring until it's dissolved

Add the other ingredients and stir until combined

Serve



Things to eat and drink



Cherry and Berry pie

This pie is really easy to make - you simply scrunch up readymade puff pastry and fill with a bag of frozen berries and cherries. Serve with vanilla ice cream

Ingredients	Equipment	Notes...
1 pack ready rolled puff pastry (all butter if possible) 1 egg, beaten 2tbsps semolina 1 bag frozen mixed berries 2tbsp caster sugar Icing sugar to dust	Baking sheet Knife Dinner plate Pastry brush Mixing bowl	Check for allergies Knife safety Serves 6-8 Prep 45 minutes Cooking 30 mins

Preheat the oven to 200 degrees C/ Gas Mark 6

Pour out the frozen berries into a mixing bowl to let them defrost

Open the pack of pastry and lay it out on a lightly floured surface

Cut around the dinner plate with a sharp knife

Place the pastry circle on a baking sheet and brush with beaten egg

Sprinkle 1tbsp of the semolina over the pastry

Mix the berries with the rest of the semolina and 1tbsp of the caster sugar. Mix gently as you don't want them too squished

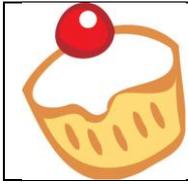
Pile the fruit in the middle of the pastry

Scrunch up the edges of the pastry, bringing them up and in a bit so they form a crust, but leaving the middle exposed

Brush the scrunched edges with more beaten egg and sprinkle with the rest of the caster sugar

Bake the pie in the top of the oven for half an hour.

Dust with icing sugar and serve with ice cream



Things to eat and drink

A really easy make - Brownies on holiday could easily manage this. I don't know that we'd have enough time to make this at a normal Brownie meeting though



Cherry and white chocolate blondies

Ingredients	Equipment	Notes...
250g white chocolate 75g butter 2 large eggs, beaten 125g caster sugar 1 tsp vanilla extract 150g plain flour 150g fresh cherries	20cm square cake tin Baking paper Mixing bowl Microwave/ Saucepan and another bowl Spoon	Check for allergies Be careful melting chocolate - a microwave is safest Serves 16 Prep 15 mins Cooking 30 - 35 mins

Preheat the oven to 180 degrees C/ Gas mark 4

Grease and line a square cake tin with baking paper

Break up the chocolate - put 75g to one side. Melt the rest, either in the microwave for 10 seconds at a time until smooth. Or in a bowl over a saucepan of hot water

Beat the butter and sugar together until pale and fluffy.

Beat in the eggs and vanilla, and then stir in the melted chocolate

Fold in the flour and gently add the remaining chocolate and the cherries

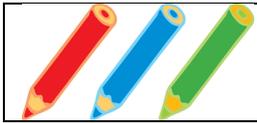
Spoon the mixture into the tin and level out

Cook for 30 - 35 minutes

Allow to cool, then cut into squares and enjoy

Green

Complete 2 challenges from this section - one recycling and one of the puzzles



Puzzles



Anagrams

Anagram	Answer
1. PAREP	Paper
2. LOETSTB	Bottles
3. ECRECLY	Recycle
4. TCSIPLA	Plastic
5. ATESW	Waste
6. EWEANSRPP	Newspaper
7. EUSRE	Reuse
8. IGPNAGKCA	Packaging
9. RECEDU	Reduce
10. RETIENNMNV	Environment



Puzzle



Wordsearch

R R E C Y C L E V B I L M O
E G P O U I R S L W I U F B
P P N E N V I R O N M E N T
A L U I Q E K L E E B W R W
P A I B G A S C R O T E K N
S S Z C S A U U T F P S D E
W T A W Y D K T E A W Q A E
E I S T E X L C P R B J E W
N C R R S E U V A E G H C C
K G F Y S O C G N P Z L N X

BOTTLES
PACKAGING
RECYCLE
WASTE

ENVIRONMENT
PAPER
REDUCE

NEWSPAPER
PLASTIC
REUSE



Puzzles



Acrostic

Acrostics are a fun poetic form that anyone can write. An acrostic is a poem in which the first letters of each line spell out a word or phrase. Acrostics are easy to write because they don't need to rhyme, and you don't need to worry about the rhythm of the lines. Each line can be as long or as short as you want it to be.

Can you write an acrostic poem for the word RECYCLE?

R

E

C

Y

C

L

E

Can you write an acrostic poem for the word REDUCE?

R

E

D

U

C

E

Can you write an acrostic poem for the word REUSE?

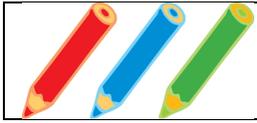
R

E

U

S

E



Puzzles



Colour in one of the pictures below

Or you could draw a picture, make a collage or a poster about recycling.

How do you recycle?

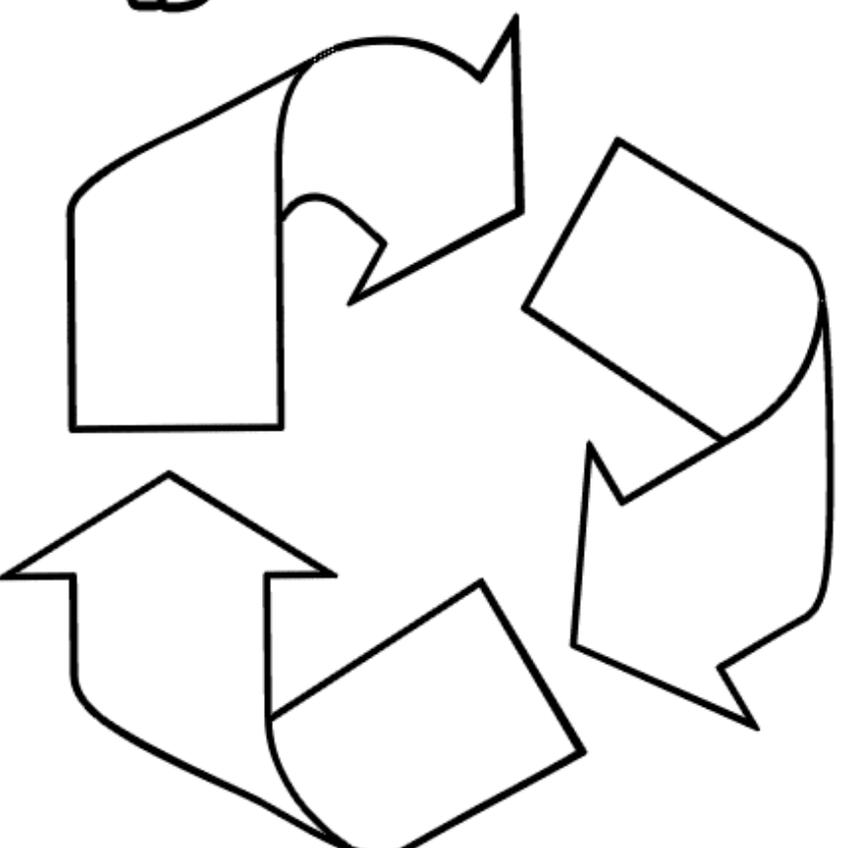
What do you recycle at home?



Reduce

Reuse

Recycle





Green activities



Recycled Origami

Ask the girls to bring in newspapers from their recycling box

Try some origami - can you make a butterfly? A ladybird? A Cherry Blossom or even a rose?

Origami Instructions has some great tutorials:

A butterfly for Rainbows or Brownies - <http://www.origami-instructions.com/origami-butterfly.html>

A ladybird for Brownies or Guides - <http://www.origami-instructions.com/origami-ladybug.html>

An easy Cherry Blossom for Guides, Senior Section or Adults - <http://www.origami-instructions.com/easy-origami-cherry-blossom.html>

A more complicated Cherry Blossom for talented Guides, Senior section or Adults - <http://www.origami-instructions.com/origami-cherry-blossom.html>

A rose for the talented amongst you - <http://www.origami-instructions.com/origami-rose.html>

Don't forget to recycle anything you don't use!



Green activities



Reusing

Ask the girls to bring in one (clean) item from their recycling

Put all the items in a bin bag and ask each girl to pick one

Using items from the craft box what can they girls make their item into?

An egg box could be a mini plant pot

A cereal carton could be a jewellery box

Who is the most imaginative?

Step back in time - 1946

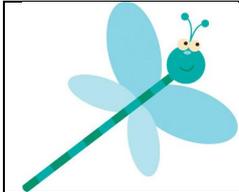
In 1946 we collected jam jars to raise money for Cherry - what could you do with a jam jar? Could you decorate it and make it a tea light holder? If you put citronella tea lights inside it would keep away the midges and mozzies!

Step back in time - 1976

In 1976 our Brownies made mini gardens in egg boxes - could you try this in your unit? Do you think you could sell them as your fundraiser? What about a teeny tiny garden in one section of the egg box?!

The woods and beyond

Complete two challenges from this section



The woods and beyond

At Cherry we have beautiful Bluebell woods. The bluebells typically come into flower in late April/early May - if you live in or around Hertfordshire or North London, why not come up for one of our Bluebell days to see them carpet our woods?

Bluebell quiz



Where in the world is the common bluebell (the one we have at Cherry) found?

- a) In the UK and some parts of Eastern Europe
- b) Worldwide
- c) **Northern Europe**

All parts of the bluebell are considered poisonous, but to one animal bluebells are one of their favourite foods. Which one of these is it?

- a) Red squirrel
- b) **Badger**
- c) Mole

The sticky sap of the bluebell used to be used for?

- a) Insect traps
- b) Wallpaper paste
- c) **Sticking feathers to arrows for archery**

The bluebell is a protected species - true or false?

- a) **True**
- b) False

The bluebell is used to identify ancient woodland - true or false?

- a) **True**
- b) False

The flowers of the bluebell are sometimes white - true or false?

- a) **True**
- b) False

How can you tell the common bluebell from the Spanish bluebell?

- a) The common bluebell is much paler blue
- b) The common bluebell has no scent but the Spanish one has a spicy smell
- c) **The common bluebell droops to one side but the Spanish one is stiff and upright**

Long ago people used to believe that bluebells rang to summon the fairies and that if a person heard them ring they might

- a) Win the lottery
- b) **Become poorly and possibly die**
- c) Be spirited away to the underworld

Some people believed that if they wore a garland of bluebells the wearer would:

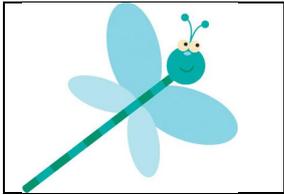
- a) **Only speak the truth**
- b) Be able to predict the future
- c) Find their true love

What is the colour of bluebell pollen?

- a) Green
- b) Dark blue
- c) **Cream**
- d) Pale blue

Bees can steal the nectar from bluebells by:

- a) Lying in wait for other insects who've visited the bluebell and forcing them to give up their nectar
- b) **Biting a hole in the bottom of the flower to reach the nectar - this is stealing as the bee doesn't pollinate the flower by doing this**
- c) Working in pairs - one bee turns the bluebell upside down and the other one collects the nectar



The woods and beyond



Natural scavenger hunt

Whether you're in a town or the countryside you can do this - go for a walk, for at least 20 minutes, and write down all the things you spot that are blue

Alternatives:

Letter hunt

Find something that begins with each of the letters of the word:

B

L

U

E

B

E

L

L

Colour Challenge

On your walk - can you find something matching each of these colours?



Blue isn't a colour you see very much in nature - in small groups how many things can you think of that are blue that you might see on a walk in the woods?

In and out the Dusty Bluebells - Game



In and out the dusty bluebells
In and out the dusty bluebells
In and out the dusty bluebells
Who will be my master?

Tipper tapper, Tipper tapper on my shoulder
Tipper tapper, Tipper tapper on my shoulder
Tipper tapper, Tipper tapper on my shoulder
Who will be my master?

This is a circle game. Children stand in a circle, hands joined and held up to form arches. A selected child weaves in and out the 'arches' as the first verse is sung. At the end of the first verse the child stops on the outside of the circle and begins to pat the shoulders of the nearest child to him/her as the second verse is sung. This child becomes the new leader. At the end of the second verse the new leader and the first child form a snake, holding onto the shoulders of the child in front, and set out weaving in and out of the arches while the first verse is sung. The game continues with the snake getting longer and longer until the circle is too small to continue.



Fundraising

Over the years we've raised funds for Cherry in lots of ways - here are some from right back in 1946 - why don't you have a go at one of them in your unit?

1946	We collected jam jars
1947	We had handicraft exhibitions and unit entertainments
1958	A Cherry open day with a model camp Activities at the open day included: <ul style="list-style-type: none"> • Tent peg races • Bucket of water races • Plaster casts • Bark rubbing • Rope ladder making • Fire lighting • Cooking
1963	Guiders had a picnic of their own!
1969	Cherry fair
1972	Cherry fete
1974	Brownies made a miniature garden in an egg box and sold them
1976	Camp where 4 Guides cooked a meal for everyone! The Brownie gardens from 1974 had been so successful that the Brownies did them again!
1977	A country-themed Cherry fair
1982	Sponsored Swim and Beetle drive (I'm guessing not at the same time - or is that a challenge for your unit?)
1985	Sausage sizzle - we cooked and sold 1,100 sausages and cakes
1986	Quiz night and supper (these still happen twice yearly)
1987	Special Guides Own
1991	Raffle
1992	Design a crown competition - could your Rainbows do this?
1997	Coffee morning
1997	Evergreen camp for Guiders - each person bought a square of carpet for the new dormitory!



Cherry Challenge Badge Order Form

Please complete the order form and post with a cheque payable to *Cherry Green Trees Joint Committee* to: Cherry Challenge, 78 Eton Avenue, Barnet, EN4 8TY. For info, badges are 7cm in diameter.

Leader Name	
Unit/Role	
Address to send badges	
Contact Telephone	
Contact Email	

Order Details	Amount in £s	
Number of badges @ £1		
Donation Raised		
Postage 1-25 badges £1 More than 25 badges £1.50		
Total Donation		

We will email to confirm when your order has been processed.

Thank you very much for supporting our fundraising - have fun!